

Care and Heart

Appointment SMS Terms and Conditions

Effective date: October 12, 2026

Introduction

By opting into Care and Heart SMS communications, you agree to these Terms and Conditions for the messaging program you select.

Program Description

Our SMS program sends appointment scheduling messages, appointment confirmations and reminders, and appointment follow-ups. It also responds to your scheduling inquiries. This SMS program does not send marketing or promotional texts. Message frequency varies based on your appointments and scheduling needs.

Consent and Opt-In

We obtain your consent before sending appointment-related SMS messages to the number you provide. You may decline SMS and contact us by phone or email for scheduling assistance. Agreeing to appointment texts does not constitute consent to marketing messages. Automated technology may be used to send appointment messages.

Opt-Out and Help

Reply STOP to unsubscribe at any time. You will receive a confirmation message and no further texts through that program unless you opt in again. Reply HELP for assistance, or contact Albert@careandheart.com or (313) 992-2499.

Costs

Message and data rates may apply. Check with your mobile provider for details about your plan.

Privacy

Your information is handled under the Care and Heart Appointment SMS Privacy Policy. We do not sell or share mobile numbers, SMS opt-in data, or messaging consent with third parties or affiliates for their own marketing or promotional purposes.

Delivery Limitations

Message delivery depends on your mobile carrier and network availability. Care and Heart and mobile carriers are not responsible for delayed or undelivered messages.

Changes

We may update these terms and will make the revised terms available with an updated effective date. Changes do not expand your SMS consent or enroll you in marketing messages. Additional consent will be obtained when required.

Contact Us

Care and Heart

Email: Albert@careandheart.com

Phone: (313) 992-2499

Website: <https://www.careandheart.com>